

## CHOOSING YOUR CONFIRMATION NAME

The tradition of choosing a Confirmation name can be traced back to the Old Testament, when Abraham was called to lead his people to believe in the one God. His name was changed from Abram, meaning "father of many", to Abraham, meaning "father of many nations". In the New Testament, we find Simon's name was changed to Peter, meaning "rock", because he was to become the rock upon which Jesus founded His Church.

Your Confirmation name should reflect your new role as a mature Christian. Perhaps you would like to take the name of a person whom you admire and respect. \*The only limit that is placed on your choice is that it must be the name of a saint.\* Ideally, choose a patron saint you can relate to and will pray to for the rest of your life. During the sacrament, you will take your saint's name as your confirmation name.

The following websites have short summaries on all the saints:

<http://www.catholic.org/saints/popular.php>

<http://www.catholic.org/saints/stindex.php>

After you decide on a name, use the space below to share about the name you've chosen and why you have chosen it. Look up the story of that saint (books are available through the youth ministry office). Every saint is known for particular qualities or virtues. Girls must choose a female saint name and boys must choose a male name.

**By imitating the qualities of the saint name you have chosen, how can you become a better Christian?**

Confirmation Name: \_\_\_\_\_

Your Name: \_\_\_\_\_ Date: \_\_\_\_\_